



# Strong Harvest International

Linking People to a Better Life

Nutritious food > Clean water > Economic opportunity

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## MORINGA NO BAKE COOKIES

(Karen Wulf, Strong Harvest board member)



### Ingredients

- 2 cups sugar
- 1/2 cup fat-free milk
- 1/2 cup butter or stick margarine
- 3 cups quick-cooking oats
- 1 cup flaked coconut
- 6 TBS baking cocoa
- 1/2 teaspoon vanilla extract
- 1-2 TBS moringa powder
- Increase liquids as necessary for addition of moringa powder

### Directions

1. In a large saucepan, combine the sugar, milk and butter; bring to a boil, stirring constantly. Boil for 2 minutes. Remove from the heat.
2. Stir in the oats, coconut, cocoa, moringa and vanilla. Working quickly, drop by rounded tablespoonfuls onto waxed paper.