

Strong Harvest International 2016 Annual Report

The Year in Review

Empowering and Improving
The Ripple Effect
Our Impact
Our Numbers
You Can Make a Difference

Empowering Families & Improving Lives

At Strong Harvest, we are committed to empowering developingworld families who are struggling with hunger and poverty to have a sustainable source of good nutrition, clean water, increased family income, and improved natural environments through the simplicity of the moringa tree.





2016 was a year of improved lives!

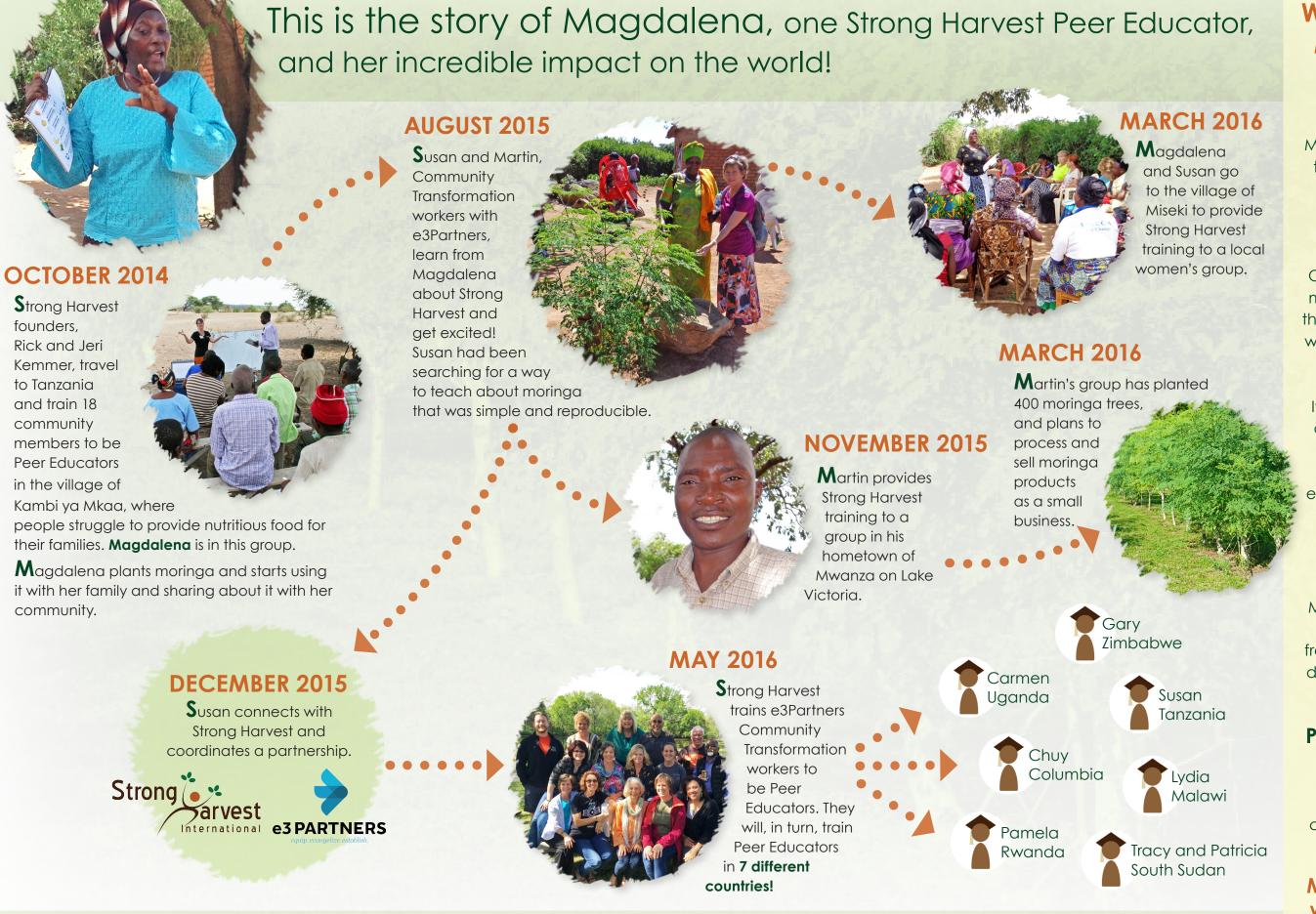
Nadege in Haiti shares, "My son had very bad headaches. The doctors gave him lots of medicine, but nothing helped. The doctors didn't know if he would live long. I started feeding moringa to him every day and now he is healthy and his headaches are gone." Nadege had moringa trees growing in her yard but had no idea that they were the solution she needed.

Isabella in Nicaragua lives in a one-room corrugated metal house with a dirt floor. She suffers from a chronic disease and not only has she seen a vast improvement in her health since she started eating moringa 3 years ago, but it is also bringing her financial benefit. "I collect moringa seeds from the trees in my backyard and sell them for \$4.00 a kilo." Moringa has provided Isabella with both better health and a source of income that she didn't have before.



Magdalena in Tanzania says, "No one in my family has gone to the clinic in 6 months!" This may not sound like a big deal, but in her village in rural Tanzania, that is unheard of. Nutrition is very poor and living conditions are harsh, so with compromised immune systems adults and children are constantly getting ill. Moringa has made good health the norm in Magdalena's home and her testimony speaks volumes to her neighbors.

See the incredible ripple-effect of Magdalena's story • • •



Magdalena's passion as a Strong Harvest Peer Educator has impacted thousands of people around the world!

This same ripple-effect is being repeated everywhere Strong Harvest works.

WHAT MAKES THE MORINGA TREE SO POWERFUL?

EASY TO GROW:

Moringa is a multi-purpose, tropical tree that is easily grown and thrives in marginal soils.

EASY TO SHARE:

Once families learn about moringa, it's easy to share their new-found knowledge with friends and neighbors.

NUTRITIOUS:

Its leaves contain protein, calcium, potassium, iron, vitamins A, C, & E, antioxidants, all the essential amino acids, and much more.

CLEANS DIRTY WATER:

Moringa seeds remove up to 99% of the impurities from unsafe drinking water, drastically reducing waterborne diseases.

PRODUCES INCOME:

Moringa trees provide many products that can be sold in local markets, creating additional family income.

Moringa is a mighty weapon in the fight against hunger and poverty!

Our Impact

Through the faithful contributions of our donors and volunteers Strong Harvest had an incredible impact in 2016, as more people learned how to improve their lives by growing moringa right in their own backyards. We trained 248 NEW Peer Educators in 2016, bringing our total to 662 world-wide. And our Peer Educators are impacting thousands of others as they share their knowledge with their families, friends, communities, and beyond!



Togo

Village Training or Activity

Jan 23-26 Feb 16 July 2 July 9-10 July 30-31 Sept 10

Ahepe-Hekpoe Noepe Sanguera Noamessikope Ahepe-Hekpoe Tovegan

30 new Peer Educators

8 receive Follow-up training 32 new Peer Educators

37 new Peer Educators

11 receive Follow-up training

9 new Peer Educators



Haiti

| Mar 20 | Zo-Vincent | 14 | new Peer Educators |
|---------|---------------|----|--------------------|
| Aug 4-5 | Lory | 18 | new Peer Educators |
| Aug 8-9 | Dekle | 45 | new Peer Educators |
| Oct 29 | Limbe | 24 | new Peer Educators |
| Nov 25 | Limbe | 5 | new Peer Educators |
| Dec 27 | Mont Organise | 17 | new Peer Educators |
| | | | |



Nicaragua

| April 14 | El Zapote | 8 receive Follow-up training | |
|----------|--|--------------------------------|--|
| April 16 | Granada | 8 receive Follow-up training | |
| Sept 27 | ECHO Conference | 20 attend SHI Moringa Workshop | |
| | (Educational Concerns for Hunger Organization) | | |
| Dec 27 | El Zapote | 8 receive Follow-up training | |





U.S.A. and Team Trips

| April 5-19 | Team Trip to Nicaragua for Follow-up training | | |
|------------|---|--------------------------------|--|
| May 14 | SHI Headquarters | 7 new U.S. Peer Educators | |
| May 23 | Online Training | 7 new U.S. Peer Educators | |
| June 10 | Online Training | 3 new U.S. Peer Educators | |
| Aug 2-11 | Team Trip to Haiti to | train Haitian Peer Educators | |
| Nov 15 | ECHO Conference | 40 attended SHI PE Workshop | |
| Nov 17 | ECHO Conference | 12 attended SHI Water Workshop | |
| | | | |

Throughout 2016 our U.S.-trained Peer Educators also shared about moringa in Indonesia, Yap, Columbia, South Sudan, Uganda, Rwanda, Malawi, and Zimbabwe.

Our numbers also tell our story

662

Peer Educators

In 2016, we added 248 new moringa Peer Educators bringing our total to 662 world-wide.

21

Countries

Our Peer Educators have impacted communities in Nicaragua, Columbia, Mexico, Haiti, Togo, Benin, Burkina Faso, Senegal, Cameroon, Uganda, Rwanda, Malawi, Zimbabwe, South Sudan, Tanzania, the United States, Canada, Yap, The Philippines, Indonesia, and Saudi Arabia.

20,000

Moringa Seeds

have been distributed to families in need since 2012.

1,648

Volunteer Hours

In 2016, our volunteers really made a difference by investing their time and energy to make it all happen.

7Languages

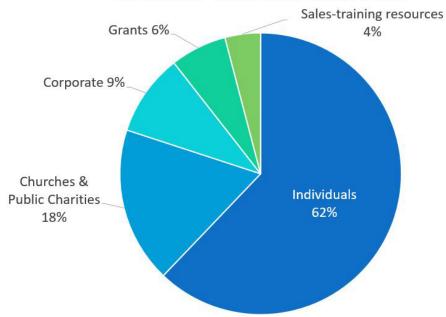
Our training materials are now available in Arabic, English, French, Haitian Creole, Portuguese, Spanish, and Swahili.

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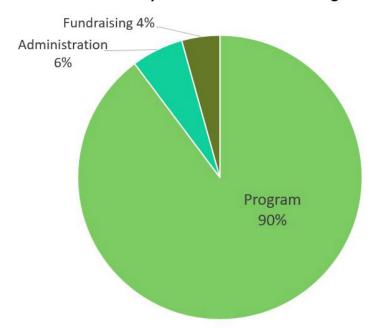
New Partners

In 2016, we began working relationships or fundraising partnerships with Helping Haitian Angels, Lory Baptist Church, e3 Partners, New Roots Haiti, ECHO - Central America, La Bottega, and Whittier Church of God.

2016 Income - Where our funds come from:



2016 Expenses - Where our funds go:



When families are strong – when they have good nutrition, clean water, economic opportunities, and healthy, productive land – amazing things happen!

This is the work of Strong Harvest. Thank you to everyone who is joining hearts and hands to support and work beside us.

How you can make a difference!

Donate Funds

- Join an Impact Team to make a difference in a specific country
- Give a monthly or single gift of any amount at http://bit.ly/StrongHarvestDonate
- Start your own fundraiser at https://www.strongharvest.org/fundraise/
- Leave a lasting legacy through your will, annuity, or trust

Donate Time

- Be an on-going volunteer: have a skill or a hobby, such as photography, videography, social media, web-design, fundraising, administration, office skills, or . . .? We need you!
- Be an event volunteer: help us with planning and putting on a one-time an event

Help Spread the Word

- Invite Strong Harvest to speak at your church, school, business, or civic group
- Host your own event with a purpose have a BBQ, a dessert, or any kind of gathering and invite Strong Harvest to share our story

Become a Peer Educator

 We hold multiple trainings in the U.S. and on-line each year, preparing people to teach others about moringa wherever they go.

Travel with a Team

- Do you like adventure and experiencing other cultures for a good cause? If yes, join us!
- We travel to our international locations regularly and would love to have you work, laugh, and learn beside us.

