

# Strong Harvest in Tanzania

## November 2017



### The Problem:

Tanzania is one of the world's poorest economies,\* which means that families are in deep need of the basics of life: good nutrition, clean water, and additional income.

- 35% of Tanzania's children are stunted due to malnutrition.\*\*
- 47% of the people don't have access to clean drinking water\*\*
- 47% of Tanzanians live on less than \$1.90 per day.\*\*\*

\*CIA World Fact Book 2017, \*\*UNICEF, \*\*\*World Bank

**We can do something to change this!**

### The Solution:

Through our Moringa Peer Education Program, Strong Harvest (SHI) is helping families to develop a pathway out of poverty through improved health, increased food security, and additional sources of family income.

We have developed partnerships with leaders in Tanzania who have a vision for improving their communities and they have asked us to bring SHI Peer Educator training to their villages to teach people how moringa can provide family-level answers to the issues of hunger and poverty that they face.



**You can be a part of a team that will bring the life-changing knowledge of the amazing moringa tree to these villages.** You'll empower families with the knowledge they need to grow and use this sustainable source of good nutrition, clean water, and economic opportunity. On this trip we'll provide two 2-day Peer Educator seminars in which we'll train farmers, as well as local and regional agricultural development workers, in how to grow and use moringa and how to teach others. We'll also be doing a number of 1-day follow-up workshops with groups that we have previously trained.

**Team members will play their parts in a variety of ways:** team teaching and providing logistical support during the seminars; tree planting, pruning, and harvesting; participating in home visits and recording people's stories; building relationships with Tanzanians and team members; debrief and devotions; sharing words of wisdom and encouragement; and there's always a place for photography and music skills. The team will share the various tasks, so we'll all have an opportunity to use our skills and abilities and to learn some new ones. SHI will provide all the preparation you'll need to be a valuable member of this team – flexibility, a loving spirit, and a desire to serve are the only requirements needed.

**The most important thing about an experience like this** is the cultural and relational connections you will make with the people you meet. We never fully know what to expect, and we are always amazed by how God weaves all the pieces together into an incredible experience that we could not possibly have planned on our own.



## Trip Details:

**Dates: November 1-16, 2017** (leave U.S. on 10/31 or 11/1 to arrive in TZ on 11/2)

Activities will include:

- Two 2-day Training Seminars for a total of 50 Peer Educators
- Two or three 1-day follow-up workshops for previously trained groups
- Village visits, church service, soaking in the culture, building friendships, etc.
- Game park safari - overnight tented camp and game drives

## Team Members:

- Must be a minimum of 18 years old
- Be in good health and not pregnant or to become pregnant soon (due to Zika)
- Able to attend 5-6 mandatory team meetings, including one 6-hr Peer Educator training (can attend virtually if you don't live in the Portland-Vancouver area)
- Passport valid for at least 6 months beyond the date of arrival in Tanzania
- Able to make deposit, payments, and purchase airfare by due dates

## Team Member Costs:

**Team fees** = \$2,350

**Team fees include:** Lodging, in-country meals, bottled water, translators, ground transportation, overnight safari, SHI t-shirt, complete logistical coordination, team leadership and support, trip preparation information and guidance, team training and materials.

### Other Expenses:

- Airfare = \$1,000-1,500 (depending on departure city and date of purchase)  
Fly into Kilimanjaro International Airport (JRO), arriving as early as possible on 11/2.
- Baggage = \$50 (approx.)
- Travel medical insurance = \$50 (approx.)
- Entry Visa = \$100
- CDC recommended vaccines/prescription meds = \$0-\$300  
<https://wwwnc.cdc.gov/travel/destinations/traveler/none/tanzania>

**Total estimated team member cost:** \$3,550 - \$4,350

SHI helps you to raise funds for the above costs by providing fundraising tools, including an online fundraising page, and email and surface mail templates.

### Personal Expenses (approximate):

Optional trip insurance to cover airfare = \$various amounts

In-transit food (airport meals) on travel days = \$50

Shopping, snacks, various tips for drivers, translators, etc. = \$100-300

## Important dates:

- June 15:** \$100 nonrefundable deposit due (applied toward team fee)  
Application and Liability Release form due
- Aug 1:** \$1,125 - 1st half of the team fees due
- Sept 15:** \$1,125 - 2nd half of the team fees due  
Proof of international medical coverage due
- Before Sept 15:** Airfare purchased and a copy of itinerary sent to SHI

